



Alert Bay School Newsletter

November 2021

Gwaxsam -
Dog
Salmon Time



Inside this issue:

Jellyfish Presentation	2
Kwakwala Workshop for Staff	2
Nutritious Food	2
Remembrance Day	3
Climbing Wall	3
Gord's Guitars	3
Remembrance Day Contest Winners	4
Important Dates	4

Principal's Message

Dear Families,

We have had a full month of learning at Alert Bay Elementary with a focus of building our skills in all of our subject areas, especially our writing. We have also been working on our social emotional skills of growth mindsets, positive self-talk, and empathy for themselves and others through positive problem solving. We are proud of the students as they work to further their learning and grateful for the support of our school community.

It has been a busy month as students explored and reflected on the challenges and sacrifices made by those in the armed forces and commemorated them through their writing and posters. We are excited for, and proud of, all our senior students who submitted work to the Canadian Legion contest. We look forward to celebrating them at our next assembly. The art work completed by all students at the school reminds us of the importance of remembering the sacrifices made.

PAC meetings are usually held monthly and all parents are welcome to attend these virtual PAC meetings via Zoom. Please check the PAC Facebook page for information on when the next meeting is scheduled. Also check out our school's Website: <https://abes.sd85.bc.ca/> for updated articles on what is happening at school. Hard to believe that December is right around the corner! We look forward to all of the hustle and bustle that this busy time brings.

All the best,
Judith Lowe, Principal of Alert Bay Elementary

Jellyfish Presentation



On November 4 Jessica Schaub, presented a lesson to our classes about jellyfish. Jessica is Métis and grew up on Treaty 6 territory in Northern Alberta. A Master of Science graduate student in Oceanography, she is passionate about raising awareness of how our everyday choices affect the ocean. Jessica's specialty is jellyfish ecology. She explained that jellyfish can tolerate conditions in the ocean that other organisms can't, such as low oxygen, related to climate change. This makes them indicative of problems in the ocean. Our students learned about the many different kinds of jellyfish and other marine creatures.

Kwakwaka'wakw Workshop for Staff



School District 85 staff was invited to participate in a Kwakwaka'wakw workshop on the Pro-D Day on November 19. The workshop, organized by the U'Mista Cultural Centre, was held at ABES and participants joined by Zoom. The theme for the workshop was, Singing Our Stories.

Nutritious Food



On November 1st the students enjoyed Hamburger Vegetable Soup with homemade buns. Salmon sandwiches are another popular lunch item that we occasionally serve in the kids kitchen. Our school is also part of BC Agriculture in the Classroom Foundation's School Fruit and Vegetable Nutrition Program. This month we have received two cases of pears.



Remembrance Day

Our students have been reflecting on the sacrifices that were made by those who served our country and their families. They created poems and posters to express their thoughts and to enter into the Royal Canadian Legion's Poster and Literacy Contest. At our Remembrance Day assembly we remembered all those whose lives were affected by conflict. Mrs. Lowe opened the assembly with a traditional welcome. We all stood and sang "Oh Canada". After singing, Anna read "In Flanders Fields" by John McCrae. The students to shares their thoughtful poems. Mrs. Lowe explained to the school why we play "The Last Post" then observe a minute of silence. When our minute of silence was over "Reveille" was played. The assembly was over just after 11:00.



Above: Poster by Jonathan

Climbing Wall

The afterschool program students have been enjoying the climbing wall. Our climbing wall was extended in the Spring and is now twice the length it was before.

Photo: Samara and Julian



Gord's Guitars

One person, seven guitars and an oud. On Nov. 17th Gord took students on an exciting musical, social and geographic journey through the history of guitar music from Arabic, classical, country, blues, jazz, rock and pop styles. He played everything from traditional Egyptian music to Johnny Cash, Muddy Waters to AC/DC. Gord's performance engaged the students through listening games and physical activity.



Alert Bay Elementary
 School
 381 Larch St.
 PO Box 29
 Alert Bay, BC
 V0N 1A0
 Judith Lowe Principal

Phone: 250-974-5569
 Fax: 250-974-5925
 jlowe@sd85.bc.ca



Remembrance Day Contest Winners

The winners of the Royal Canadian Legion's Remembrance Day Poster and Literacy Contest are as follows:

Wynne James - 1st Prize Essay - going to the Zone contest

Rowen Buchanan - 1st Prize Poem
 Julian Phillips-Bruce - 2nd Prize Poem
 Anna Payne-Javier - 3rd Prize Poem

Rowen Buchanan - 1st Prize Black and White Poster - going to the Zone contest
 Anna Payne-Javier - 2nd Prize Black and White Poster
 Wynne James - 3rd Prize Black and White Poster

Jonathan Cardinal - 1st Prize Colour Poster - going to the Zone contest
 Peter Joseph - 2nd Prize Colour Poster
 Jocelyn Joseph - 3rd Prize Colour Poster

Congratulations to all the winners. Thank you to the Legion for inviting our students to enter this contest and for the prizes.

Important Dates

Dec 20 - 30	Christmas Break
Jan 3	In-Service - no school
Jan 4	Schools re-open
Feb 9	Performance by Trent Arterberry 1:15pm
Feb. 11	Pro-D - no school
Feb. 21	Family Day - no school
Mar. 21 - Apr. 1	Spring Break
Apr. 4	Schools re-open
Apr, 15	Good Friday - no school
Apr. 18	Easter Monday - no school